



DAILY CLEANING ROUTINE CHECKLIST

Make Bed/Start Laundry	S	M	T	W	T	F	S
Empty/Load Dishwasher	S	M	T	W	T	F	S
Wipe Kitchen Counters	S	M	T	W	T	F	S
Sweep & Take Out Trash	S	M	T	W	T	F	S
Wipe Bathroom Counters	S	M	T	W	T	F	S
Clean Potties	S	M	T	W	T	F	S

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday





Hints & Tricks

Some things you'll do everyday, other things you'll do on specific days.

Make your checklist make sense. Example: If you know you're going to the grocery store tomorrow, clean out the refrigerator today. The best time to do that is when it's close to empty, then when you get home you have a clean place to put things. And, if you do it lightly every week, you don't have to dread the "spring cleaning".

Keep the bathroom clean every day by wiping down the countertops and giving the potty a quick swish on your way to take a shower. I keep baby wipes handy to wipe the countertops, sink, and the potty. Spray the shower with vinegar and Dawn as you exit and rinse the walls and door while you shower next time. Once a week, do a good scrub after you spray and go ahead and rinse. You're already in there so you won't get sweaty or mess up your good clothes.

You might want to do certain rooms on certain days, but then add a deep clean one week at-a-time. For instance, let's say you clean the master bedroom every Monday by dusting, vacuuming, tidying up, and changing the sheets; but you haven't done a deep clean in a while. Pick a week and divide the room into four or five days; cleaning along one wall each day, including whatever is on the floor along that one wall, then spend the last day working on the closet. At the end of the week, you have deep cleaned it. Start a new room next week.

Throw away junk mail as soon as it comes from the box..

Do at least one load of laundry per day, from start to finish. I make myself a rule to "do it while I'm doing it", so I listen out for it and move it quickly after it has stopped washing, then I hang, fold, and put it away as soon as the dryer stops. I used to procrastinate and it made it so much harder. If you stay behind it, it's not a chore at all.

